

Welcome to Unit 7B Inpatient Medicine Unit

Victoria General (VG)

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find this pamphlet and all our patient resources here:
<https://library.nshealth.ca/Patients-Guides>

Connect with a registered nurse in Nova Scotia any time:
Call 811 or visit: <https://811.novascotia.ca>

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Important phone numbers

Main switchboard

› Phone: 902-473-2700

Patient switchboard

› Phone: 902-473-1510

Notes:

Who can I talk to if I have concerns?

- We are committed to providing you with the best care possible. If you have any concerns, please talk with your doctor or nurse, the Clinical Nurse Lead, or the Health Services Manager.
- You can also contact Patient Relations:
 - > Phone (toll-free): 1-844-884-4177
 - > Email: CZpatientrelations@nshealth.ca

Resources

Continuing Care (home care)

- > Phone (toll-free): 1-800-225-7225
- > www.nshealth.ca/continuing-care

Scan the QR code below on your device (open the camera on your device, point the camera at the code, and tap the banner or border that appears)



Canadian Red Cross - Health Equipment Loans

- > Phone: 902-424-1420

Welcome to Unit 7B Inpatient Medicine Unit

- Welcome to Unit 7B. Our unit cares for people with many medical conditions. Your safety is our priority.
- The unit has both private rooms (1 bed) and ward rooms (4 beds). You will most likely share a room with other patients. Private rooms are needed for people with certain medical conditions.
- There is a washroom in each room.
- There are no showers or tubs on the unit. Please tell a member of your health care team if you would like to shower.
- There is a phone at each bedside. If you would like to use the phone, please ask a member of your health care team.
- We are here to help you during your stay. If you have any questions, please ask a member of your health care team.

Who is on my health care team?

- During your stay, a hospitalist (a doctor who specializes in inpatient medical care) will:
 - › Help plan your medical care
 - › Talk with other doctors about your care, if needed
- You may also see other members of the health care team, depending on your needs.

These may include:

- › Doctors
- › Registered Nurses (RNs)
- › Licensed Practical Nurses (LPNs)
- › Care Team Assistant (CTA)
- › Continuing Care Coordinator
- › Dietitian
- › Dietary Technician
- › Occupational Therapist (OT)
- › Pharmacist
- › Physiotherapist (PT)
- › Physiotherapy Assistant
- › Social Worker
- › Spiritual Care

What will happen during my stay?

- You will be expected to take part in activities as you are able, like:
 - › Bathing
 - › Dressing
 - › Eating
 - › Changing positions in bed
 - › Sitting up at the side of the bed
 - › Getting out of bed
 - › Sitting up in a chair
 - › Walking

Try to take part in your care as much as you can.

- **If you have questions about your medical care, please ask a member of your health care team.** We encourage you and your essential care partners (support persons) to ask questions if you do not understand something or would like more information.
- **If you leave the unit for any reason, please tell your primary nurse (the nurse looking after you for the day) and make sure they have a phone number to reach you at.**
 - › If you have an appointment booked with a member of your health care team, please try to wait on the unit. This will help to prevent delays in:
 - › Your care
 - › Your treatment
 - › Your discharge home