

My PEG button:

Type: _____

Size: _____

Date inserted (put in): _____

Inserted by: _____

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Call 811 or visit: <https://811.novascotia.ca>

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Designed by: Nova Scotia Health Library Services

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To be reviewed August 2027 or sooner, if needed.

PEG (Percutaneous Endoscopic Gastrostomy) Button

PEG Button

Your doctor may have recommended changing your PEG feeding tube to a PEG button.

What is a PEG button?



PEG button

- A PEG button is a type of feeding tube that lays flat against your skin.
- It takes the place of a PEG tube. You may prefer a PEG button because it cannot be seen under most clothes.
- A PEG tube can usually be changed to a PEG button after 6 weeks, once the tube opening is well-healed.
- The PEG button is held in place by 2 plastic bumpers (balloons):
 - > The internal (inside) bumper holds the tube in place from inside your stomach.
 - > The external (outside) bumper keeps the tube from sliding in and out of the exit site (where the tube leaves your body through a small incision [cut] in your stomach).

How do I use my PEG button?

- The PEG button comes with special adapters (tubes) to connect it to the feeding set. Your nurse will show you how to use and clean these.
- You can buy extra adapters at most drugstores. You will need to know the button type and size. It is a good idea to call the store before you plan to go, to make sure they have the items you need in stock.
- Feeding is done the same way as with your PEG tube.

How do I care for my PEG button?

- Clean the skin around your PEG button the same way you cleaned the skin around your PEG tube.
- **Do not** put a dressing under the bumper. This could bother your skin.
- Gently rotate (turn) your PEG button 1 time each day. This will help to prevent skin irritation and breakdown under the bumper.

How long can the PEG button stay in?

- The PEG button can stay in place for several months, and sometimes longer. Your GI specialist will tell you how often it should be changed.