

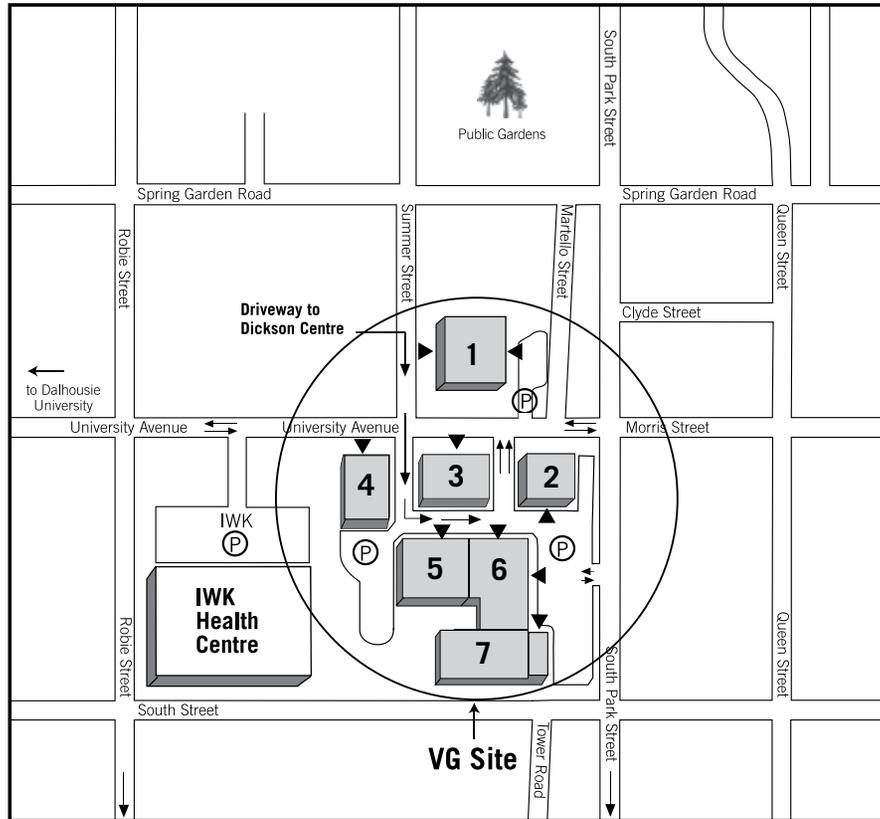


VG Site		
1. Nova Scotia Rehabilitation Centre	4. Centre for Clinical Research	7. Centennial Building
2. Bethune Building	5. Dickson Building	
3. MacKenzie Building Laboratories	6. Victoria Building	

Ⓟ Patient Parking

▶ Entrance Doors

*Please do not wear scented products when you come to Nova Scotia Health.*



to Saint Mary's University

to Point Pleasant Lodge

# Getting Ready for Oral Surgery

Oral and Maxillofacial Surgery  
Clinic  
Victoria General site, QEII

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Prepared by: Oral and Maxillofacial Surgery Clinic  
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The information in this pamphlet is to be updated every 3 years or as needed.

## Welcome to the Oral and Maxillofacial Surgery Clinic

Your surgery is on \_\_\_\_\_

at \_\_\_\_\_

- On the day of your appointment, please go to the Clinic waiting room (room 116) on the ground floor of the Centennial Building, Victoria General site.
- Plan to arrive \_\_\_\_\_ minutes before your appointment. This allows time for registration and assessment.
- Surgery in the Clinic is done under local anesthesia (freezing), or with local anesthesia AND IV (intravenous) sedation (medication to relax you). **This is not the same as being put to sleep for major surgery in an operating room.**

### If you are having IV sedation:

- A driver **MUST** come with you to the Clinic and stay at the hospital to take you home. **Your surgery may be cancelled if you do not have someone with you to drive you home. The vehicle must be within 5 minutes walking distance.**
- Plan to have someone stay with you for **24 hours** (1 day) after surgery.
- You may eat solid food up to 6 hours before surgery and clear liquids up to 2 hours before surgery. **Your surgery may be cancelled if you do not follow these guidelines.**
- Wear a sleeveless shirt or a shirt with a loose sleeve. This makes it easier for the health care team to get to the IV in your arm.

### Going home

- At the time of surgery, you will get a pamphlet about your care after surgery.
- Before you go home, care instructions will be given to your driver.
- Your surgeon will give you a prescription(s) after surgery, if needed. You can fill the prescription at the pharmacy on the 1st floor of the Centennial Building or at your local pharmacy.
- **Payment for surgery is due on the day of surgery.** Payment may be made by cash, debit, Visa, or Mastercard.

#### If you are not able to keep your appointment:

Please call the Clinic as soon as possible, so we can book another patient in your timeslot.

› Phone: 902-473-2071