

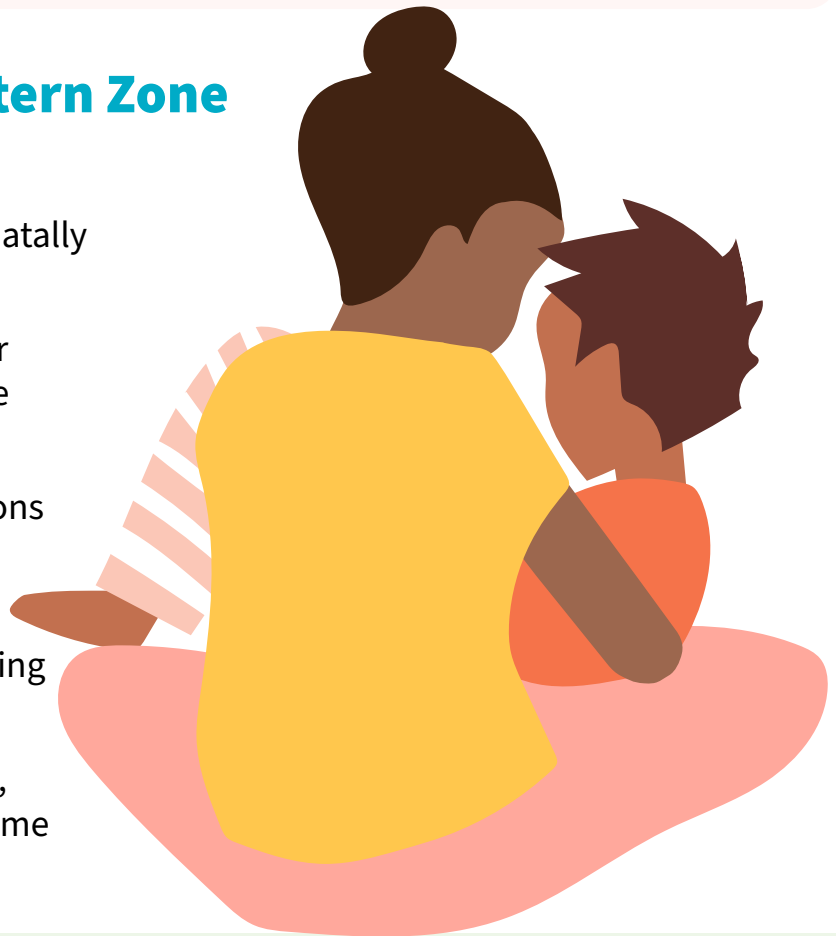
Public Health Early Years is comprised of Public Health Nurses (Registered Nurses) and a team of allied health professionals, who offer a range of services and supports for pregnant people and families with young children.

Early Years Public Health Nurses can provide support and guidance on issues like infant feeding, questions about sleep, mental health, growth and development, immunizations, nutrition, parenting, social supports and more.

Early Years Services in Eastern Zone

Cape Breton, Antigonish and Guysborough

- ✓ Home Visiting Program for families prenatally up to age 3.
- ✓ Early childhood immunization clinics for children who do not have a primary care provider.
- ✓ Connection with community organizations that serve families, like Family Resource Centres.
- ✓ Access to helpful resources around feeding and taking care of your baby.
- ✓ New for 2024: Nurse-Family Partnership, pairing Public Health Nurses with first-time parents.



Contact Early Years

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Web: www.nshealth.ca/parenting-supports

