

Post Exposure Prophylaxis (PEP)

What is post-exposure prophylaxis (PEP)?

- PEP is a combination of 3 medications:
 - › Truvada® (emtricitabine and tenofovir disoproxil fumarate)
 - › Raltegravir
- Your health care provider will give you information about each of these medications.
- If you may have been exposed to HIV (the virus that causes AIDS), taking PEP can prevent you from becoming infected. In Nova Scotia, the risk is of becoming infected with HIV is low.

How do I take this medication?

- **You MUST take this medication for 28 days for it to work.**
- Today you were given enough medication to last for 5 days. The rest of your medication will be provided by the 6 North Pharmacy at the QE II Health Science Centre in Halifax.
- There is no fee for this medication.

How do I get the rest of my medication?

- Pick up the rest of your medication at:
 - 6 North Pharmacy
 - Dickson Building, 6th floor
 - QE II, VG Site
 - 5820 University Avenue
 - Halifax, Nova Scotia
 - › Phone: 902-473-7986
- You have a few options for picking up your medication (see the next page).

- You may also have the rest of your medication delivered. The 6 North Pharmacy will send it to:
 - › You
 - › Your local pharmacy
 - › A safe support person with a phone number
- If someone will be accepting your medication for you, they must:
 - › Have a phone
 - › Be there to accept the delivery
- Your nurse will ask if it is OK for the pharmacist to leave a message.

Please answer your phone in the next few days.

The 6 North Pharmacy will call to confirm if you:

- › are picking up your medication.
- or
- › where you would like it delivered.

What if I do not get the rest of my medication?

- **It is very important to take all of this medication for it to work.**
- If you do not get the rest of your medication, call the 6 North Pharmacy:
 - › Phone: 902-473-7986

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find this pamphlet and all our patient resources here:

<https://library.nshealth.ca/Patients-Guides>

Connect with a registered nurse in Nova Scotia any time:

Call 811 or visit: <https://811.novascotia.ca>

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