

Psychosocial Oncology Support Programs Nova Scotia

This guide is intended to provide an overview of programs available to Nova Scotia cancer patients. If you are unsure of how to access, please contact the Cancer Patient Navigator or Social Worker in your area.

Additional services can be searched for on the CCS Community Service Locator

<http://info.cancer.ca/CSD/searchCon.aspx?id=3172&Lang=E&sri=N>

Program	Description	Contact Information
Aaron's Apple	Helps families cope with overwhelming medical costs by providing direct funds for medication and patient amenities for chronically ill children	Phone: 647-430-5933 ext. 9 Email: mandy@aaronsapple.com https://www.aaronsapple.com/
The Angels Anonymous Connection	The Angels Anonymous Connection attempts to grant wishes to adults dying of a terminal illness. An application form is available on the website. Applicant must be within their last year of life. The person must be in financial hardship.	http://www.angelsanonymous.org/ Email: info@angelsanonymous.org
Assistive Devices and Donated Equipment Program , Easter Seals Nova Scotia	Helps financially with the cost of medical equipment for disabled people who could otherwise not afford it. Medical equipment can include: Walkers * Orthotics * Wheelchairs * Variety of Other Equipment	902-453-6000, Fax:902-454-6121 Email: easterseals@easterseals.ns.ca http://www.easterseals.ns.ca
Bed Loan Program	Health Equipment Loan Program (HELP), also known as the Community Bed Loan Program, provides hospital- type beds to eligible NS who need specialized beds in their homes	Continuing Care: Toll-free: 1-800-225-7225
Benefits Finder	Online search form to find federal, provincial and territorial programs and services in one location. The Benefits Finder will customize search results to match a person's particular situation.	http://www.canadabenefits.gc.ca/f.1.2ch.4me@.jsp
Breast Forms	Awesome Breast Forms - crochet or knit breast forms made of 100% cotton.	http://awesomebreastforms.org/
Breast Prosthesis Program	NS DHW program provides \$150 towards the purchase of new breast prosthesis once every two years. The fitter bills MSI for \$150. If the woman's gross family income is less than \$30,000, she can also qualify for an additional \$150 towards the cost of prosthesis and up to \$40 towards	Contact MSI directly Local calls: 902-496-7008 Toll Free: 1-800-563-8880

	the cost of a mastectomy bra.	
Boarding, Transportation and Ostomy Program (BTO)	<p>BTO provides help for cancer patients with travel to treatment, lodging and ostomy supplies. You must:</p> <ul style="list-style-type: none"> • Be a resident of NS with a valid health card • Have a family income of \$35,000 per year or less (line 150 of Income Tax Notice of Assessment or proof of current income) 	<p>Phone: 902-496-3266 Toll-Free: 1-888-894-5353</p> <p>Email: bto_programs@medavie.bluecross.ca http://www.ns.211.ca/service/11711470_12834254/boarding_transportation_and_ostomy_program</p>
Canadian Cancer Society – The Lodge that Gives	<p>The Dr Susan K. Roberts Lodge That Gives offers accommodation to cancer patients and their families living more than 50km away from the cancer treatment center in Halifax. NS cancer patients stay free of charge and meals are provided at no cost. Family members and/or support persons are invited to accompany a patient at the Lodge and may be subject to a daily rate for their room and meals (There is no charge for a parent or guardian staying with a child, an escort required by a transplant patient. Out-of-province patients should contact their Provincial Liaison for help with accommodations at the Lodge. Relatives of hospitalized patients may access the Lodge if beds are available.</p>	<p>Main #: 902-423-6183 24 hr.: 902-420-1849</p> <p>Email: bookings@ns.cancer.ca http://www.cancer.ca/en/support-and-services/support-services/travel-and-accommodations-ns/?region=ns For a first time reservation, a referral by a medical professional (specialist, social worker, doctor) is required.</p>
Canadian Cancer Society- Travel Treatment Fund	<p>One time fund to assist with travel, patient must travel >200km one way for treatment or have at least 10 treatment related appts to access</p>	<p>Income dependent and notice of assessment required for all household members, application and direct deposit information required CPN referral not required as other healthcare providers can assist in completing. Transportation Canadian Cancer Society</p>

<p>Canadian Cancer Society- Wig and Breast Protheses Program</p>	<p>CCS will discuss wig, headwear or breast prostheses requirements and preferences, and then do their best to find a match. They will arrange delivery or curbside pick-up, depending on your location. All staff and volunteers have been trained in enhanced cleaning and hygiene to make sure wigs, breast puffs and bras are delivered in their cleanest state.</p> <p>This service is available for free across Canada to people who cannot afford the cost of a wig.</p>	<p>Order by phone toll-free 1-888-939-3333 or online at Wig Form - EN - cancer.ca - Formstack or Breast Accessory Request Form - cancer.ca - Formstack</p>
<p>Canadian Cancer Society- Cancer Information Helpline</p>	<p>Monday-Friday service for cancer patients and caregivers who need help understanding cancer or finding community services and supports. Bilingual, available in over 200 languages via interpreter service.</p>	<p>Talk to an information specialist Canadian Cancer Society</p> <p>Phone: -1-888-939-3333</p>
<p>Canadian Cancer Society- Community Services Locator</p>	<p>A online directory that helps cancer patients, caregivers and healthcare providers find the services they need. We have over 4000 cancer-related services listed. You can search for:</p> <ul style="list-style-type: none"> • emotional support programs • homecare • how to get to your cancer treatment • where to find a wig or prosthesis 	<p>Community services locator Canadian Cancer Society</p>
<p>Canada Pension Plan Disability Benefit</p>	<p>For those between the ages of 18-65 years who has made contributions to the CPP and has a sickness or disability that stops you from working on a regular basis.</p>	<p>http://www.servicecanada.gc.ca/en/services/pensions/cpp/disability/index.shtml</p>

<p>Canadian Breast Cancer Support Fund</p>	<p>Provides short-term financial assistance to breast cancer patients who are facing financial difficulties while they are undergoing treatment</p>	<p>HOME Breast Cancer Support Fund Phone: 416-233-7410 Email: info.@breasycancersupportfund.ca</p>
<p>Canadian Wish Foundation and Children's Wish</p>	<p>Canadian registered charity that grants a special last wish to terminally ill Canadians, regardless of age.</p>	<p>Home - Make-A-Wish Canada (makeawish.ca) Phone Number: 416-224-9474 Toll Free: 1-888-822-9474 Email: nationaloffice@makeawish.ca</p>
<p>Caregiver Benefit Program</p>	<p>\$400/month</p>	<p>1-800-225-7225 Continuing Care</p>
<p>CFB Halifax, Windsor Park</p>	<p>Cancer patients who are in or have a family member who is currently serving (not veterans) in the military are eligible to access short term, low cost accommodation at CFB Halifax, Windsor Park, aprx 15 min from the cancer centre.</p>	<p>Patients must call themselves to book a room, 902-427-7788 or 1-888-753-8827 , they should ask to speak to the Intake Social Worker. They will need to provide their family members service number and describe why they need accommodation.</p>
<p>Childcare Subsidy</p>	<p>If one parent is ill and can not take care of a child at home while another parent is working</p>	<p>Department of Community Services 1-877-424-3298</p>
<p>Confederacy of Mainland Mi'kmaq</p>	<p>Qualifying Criteria: Any aboriginal person. Service is available in both English and Mi'kmaq. The service is available for the entire province of Nova Scotia for Aboriginal peoples. Any health services that Aboriginal people in Nova Scotia need including workshops, materials, interpretation services, contact with MSB and non insured health benefits.</p>	<p>The Confederacy of Mainland Mi'kmaq Promoting and assisting Mi'kmaq communities in mainland Nova Scotia for over 25 years. (cmmns.com) Toll Free: 877-892-2424 Phone: 902-895-6385 Fax: 902-893-1520</p>
<p>Continuing Care - Personal Alert Assistance Program,</p>	<p>The program provides up to \$480/year to reimburse approved seniors for the purchase of a personal alert assistance</p>	<p>Toll-Free:1-800-225-7225 http://novascotia.ca/health/ccs</p>

	service.	
Craig's Cause Pancreatic Cancer Society's Patient Financial Support Grants	\$500.00 - \$1000.00 (case specific) Patient Financial Support Grants, for pancreatic cancer patients, to help ease the financial burdens which occur during patient treatment and care: Mortgage payments or rent, Utility expenses, Travel, accommodation and meal costs incurred during treatment in your province of residence, Interim support for critical short-term needs, such as groceries, Other critical needs as determined by our Board of Directors	Email: info@craigsc ause.ca http://www.craigsc ause.ca/ Applications must be completed online. Funds are available to Canadian residents only. If approved, funds should be received within 30 days of application being received.
Dalhousie University Dental Clinic	Services are provided by dental students and/or dental hygiene students; supervised and approved by qualified dentists, specialists, and dental hygienists. Patients who are accepted for treatment provide practical clinical experiences for the students and, at the same time, receive quality care at reduced fees.	Patient services Phone: 902-494-2101 Email: ptinfo@dal.ca
Disability Tax Credit	Non-refundable tax credit for taxpayers with disabilities. It includes a supplement for children under 18. In order to be eligible, a medical professional has to fill out and sign the T2201 tax form, the Disability Tax Credit Certificate, and the CRA has to approve the application. Note: patients with permanent disabilities including ostomy patients qualify for this	 http://www.cra-arc.gc.ca/menu-eng.html
EHS Ambulance Fee Assistance Program	Assists with EHS ambulance bills, income dependent.	Telephone: (902) 832-8337 Toll Free: 1-888-280-8884 Email: ambulancebilling@emci.ca http://www.cdha.nshealth.ca/system/files/sites/77/documents/ambulance-fee-program.pdf
EI – Caregiving benefit	Provides benefits to persons who have to be away from work temporarily to provide care or support to a family member who is gravely ill with a significant risk of death.	1-800-206-7218 or visit: http://www.servicecanada.gc.ca/eng/sc/ei/benefits/compassionate.shtml
EI – Sickness Benefits	55% of average insurable weekly earnings, up to a maximum amount for 15	1-800-206-7218 or visit: http://www.servicecanada.gc.ca/e

	weeks	ng/sc/ei/benefits/sickness.shtml
Family and Seniors - Pharmacare Program	Provincial drug insurance plan designed to help eligible Nova Scotian families and seniors with the cost of their prescription drugs.	902-429-6565 or 1-800-544-6191 http://novascotia.ca/dhw/pharmacare/seniors-pharmacare.asp
Drug Assistance for Cancer Patients Program - DHW	<p>A NS Pharmacare program designed to help with the cost of certain cancer-related drugs and supplies. Eligibility:</p> <ul style="list-style-type: none"> • permanent resident of Nova Scotia with a valid Nova Scotia Health Card, • gross family income < Its \$35,000 now) per year, and • do not have drug coverage under any other private insurance plan • can also be enrolled in Seniors Pharmacare, Family Pharmacare or the Palliative Care Home Drug program. 	<p>Call: 902- 496-7001 Toll free: 1-800-305-5026. http://novascotia.ca/dhw/pharmacare/cancer-assistance.asp</p>
Give a Mile	<p>Gives flights (via donated air miles) to family members so they can visit a loved one dealing with an advanced illness. Note: those seeking flights must post their story on the Give a Mile website</p>	<p>giveamile.org kevin.crowe@giveamile.org Phone: 403-540-8706</p>
Global Angel Charity	Assists people who need medical transportation to appointments, repatriation globally, medical treatments and assessments outside of their province and Internationally.	<p>Phone: 705-740-2645 Email: info@globalangelcharity.com</p>
Good Neighbour Energy Fund	From January to April, the Good Neighbour Energy Fund assists low income Nova Scotian families in an emergency heating situation	<p>Phone: 902-422-3435 Email: GNEF@sahalifax.ca http://www.salvationarmy.ca/maritime/gnef/</p>
Hope Air	Hope Air arranges free flights to get financially-disadvantaged Canadians to the healthcare they need.	<p>Phone: 416-222-6335 Hope Air - Campaign</p>
Income Assistance	IA gives those in need a basic amount of money to pay for food, clothing, rent and utilities like heat and electricity.	<p>1-877-424-1177 or visit: www.gov.ns.ca/coms/employment/income_assistance</p>
Kelly Shires Breast Cancer foundation	Support for men and women living with breast cancer	<p>Kelly Shires Foundation - support for breast cancer survivors Toll Free: 1-877-436-6467</p>

		info@breastcancersnowrun.org
First Nations Non-Insured Health Benefits	Prescription drugs, Medical Supplies & Equipment, Vision and Eye Care, Dental/Orthodontic Benefits, Counselling	Telephone (toll-free): 1-800-565-3294 Dental (toll-free): 1-800-565-3294
NSGEU Cancer Fund	This fund offers financial support for NSGEU members in many different ways, such as gift cards for gas/groceries or to help pay utilities.	Cancer Support Fund – NSGEU inquiry@nsgeu.ca 902-424-4063 Toll-free 1-877-556-7438)
Out of Province Travel Assistance	<p>Eligible Travel Expenses:</p> <ul style="list-style-type: none"> • Bus, train or plane fare up to a maximum of \$1000.00 CDN per round trip • Fuel costs for vehicle use if driving the entire way to/from destination • Maximum of 12 trips per year • The trip must be greater than 500 KM one way • Eligible Accommodation Expenses: • Up to a maximum of \$125.00 CDN per night for accommodations • Up to a maximum of \$1500.00 CDN per month for accommodations • Up to a maximum of \$2500.00 CDN per month for accommodations if your stay is medically required for longer than 1 month • Accommodations must be at a registered accommodation provider outside Nova Scotia • (e.g. hotel, bed and breakfast, AirBnB), not a private residence of family and/or friend 	Phone: (902) 424-7538 Email: Insured.services@novascotia.ca
Palliative Home Care Drug Coverage Program - DHW	Provides coverage for those drugs required to manage symptoms as part of a patient's palliative care.	Phone: (902) 496-5680 Toll Free 1-800-305-5026 http://novascotia.ca/dhw/pharmacare/palliative-drug-program.asp
Point Pleasant Lodge	Point Pleasant Lodge is a not-for-profit specialty hotel providing 100 guest rooms	Phone: 902-421-1599

	for anyone undertaking medical related travel in the QEII	guestservices@pointpleasantlodge.com https://pointpleasantlodge.com/Power of Hope Cost Reduction Program Fertile Future
Power of Hope	Financial support for cancer patients undergoing fertility preservation	Email: info@fertilefuture.ca 1-877-467-3066
Rainy Day Fund	Assists with travel, overdue rent and utilities, grocery cards, and occasional other expense.	Application can be accessed online and must be submitted through online portal by healthcare provider or you CPN. Rainy Day Fund – Shine Through The Rain Foundation
Royal Canadian Legion	Any veteran or veteran's dependant in need of assistance is eligible to apply for financial aid from the Poppy Trust Fund. This includes: <ul style="list-style-type: none"> • Any person who is serving or who has honourably served in the Canadian Armed Forces, RCMP and their dependants; • Merchant Navy personnel who have been awarded campaign stars or decorations and their dependants; • Ex-service personnel of Commonwealth countries and their dependants who are resident in Canada; and • Ex-service personnel of allied countries and their dependants who are resident in Canada 	Home - The Royal Canadian Legion Main reception: 1-613-591-3335 Toll-free: 1-888-556-6222
Royal Canadian Naval Benevolent Fund	For current and former naval personnel. Provides financial help through their distress relief and financial assistance programs.	RCNBF - Royal Canadian Naval Benevolent Fund Toll Free: 888-557-8777 Phone: 613-996-5087 Email: rcnbf@sympatico.ca

<p>RxHelp</p>	<p>RxHelp.ca provides Canadian health care consumers access to brand-name pharmaceutical manufacturer's "Patient Assistance Programs".</p> <p>Patient payment assistance programs are run by many brand-name pharmaceutical manufacturers to provide significant savings on brand-name prescription medicines. RxHelp.ca connects Canadian patients to these pharmaceutical manufacturer's payment assistance programs</p>	<p>Toll Free: 866-794-3574</p> <p>Email: questions@RxHelp.ca</p> <p>http://www.rxhelp.ca</p>
<p>Salvation Army Heat Fund & Covid Relief Fund</p>	<p>You may apply if:</p> <ul style="list-style-type: none"> • You live in Nova Scotia and are within the following low-income threshold: <ul style="list-style-type: none"> ○ \$29,000 for one-person households, ○ \$47,703 for two to four person households, and ○ \$67,937 for households of five or more individuals. • Your household is experiencing an emergency heating situation. 	<p>Application available online: The HEAT Fund - Maritime Division (salvationarmy.ca)</p>
<p>Titz n Glitz</p>	<p>Financial support for breast cancer patients</p>	<p>http://www.titznglitz.com/</p> <p>Phone: 902-857-1516</p> <p>Email: info@titznglitz.com</p>
<p>Veterans Affairs Canada</p>	<p>Provides assistance with the costs of medical treatment, home supports and eqpt to eligible veterans.</p>	<p>Home - Veterans Affairs Canada</p> <p>Information@veterans.gc.ca</p> <p>1 - (866)-522-2122</p>
<p>We are Young (WAY)</p>	<p>A NS organization that grants unfulfilled wishes of NS elders. Application online.</p>	<p>https://weareyoung.ca/</p> <p>info@weareyoung.ca</p> <p>Phone: 902-701-8848</p>
<p>Wendy Bear Patient Assistance Program</p>	<p>Financial support for CRC patients – up to \$1500 annually</p>	<p>Wendy Bear Program Colorectal Cancer Canada : Awareness, Support, Advocacy</p> <p>Email: info@colorectalcancer canada.com</p>

		1-877-50COLON (26566)
Wellspring Online Programs	<p>Wellspring Canada provides supportive care programs and services, online and at no charge, to help those living with cancer and their loved ones.</p> <p>Wellspring Well on the Web offers free downloadable programs, interactive group programs, self-paced informational webinars. Some examples include:</p> <p>Group Exercise, Nourish, Meditation, Healing Journey, Support Groups, Relaxation and Visualization, Yoga.</p>	<p>https://wellspring.ca/online-programs/</p> <p>http://www.cdha.nshealth.ca/system/files/sites/77/documents/wellspring-online.pdf</p>
Wheelchair Loan Program	Provides new and recycled wheelchairs (manual and/or electric) to eligible NS residents of Nova Scotia to support them in their homes and communities	<p>Seniors-Community-Wheelchair-Loan-Program.pdf (novascotia.ca)</p> <p>Continuing Care, toll-free, at 1-800-225-7225</p>
Northern Zone		
Cumberland Health Care Foundation	Cumberland county residents only. Those who are eligible have access to \$3000 through the Cumberland Cancer Assistance Fund affiliated with Cumberland Regional Health Care Centre.	<p>Can be accessed through your CPN.</p> <p>CPN#: 902-667-6424</p>
We Care for Cancer patients	For patients of Colchester East Hants with family income less than \$50,000. Can be used for gas, groceries cards, and other requests such as copayment for drugs.	<p>Can be accessed through your CPN.</p> <p>Colchester East Hants Counties: 902-893-5554 Ext. 42549</p>
Eastern Zone		
In person support groups	<p>Offers multiple types of programs to get patients out and interacting with others. Held from September to June at the CBCC</p> <ul style="list-style-type: none"> • Get Moving with Rhoda- Mondays at the Whitney Pier Legion from 1:30-2:30 • Yoga with Vineeta- Tuesdays online via Zoom from 1:30-2:30 • Living with Cancer Support Group with Tom- the third Wednesday of each month, 1:30-3:30 at the 	<p>To register for any of the listed programs, please contact Alicia Morrison at 1-902-567-8556</p>

	<p>Whitney Pier Legion</p> <ul style="list-style-type: none"> • Tai Chi with Michael- Thursdays at the Whitney Pier Legion 1:30-2:30 • Music Therapy with Shelly- Fridays at the Whitney Pier Legion from 1:15-2:15 • Drama Group with Brian- Saturdays at the Whitney Pier Legion from 12:00-1:00 <p>Additional Programs offered at different times throughout the year are:</p> <ul style="list-style-type: none"> • Art of Living • Art of Medicine • Eskasoni Support Group • Meditation • Cancer Transitions 	
Cathy's Place Cancer Resource	<p>To help lower income patients in need of financial assistance during the period of cancer diagnosis and treatment. It is to assist with costs related to treatment such as travel, accommodations, and drug copayment.</p> <p>Only eligible if you live within Antigonish, Guysbrough, Richmond Counties, and South Eastern Inveness County.</p>	<p>To access support for resource funds or for help navigating through the cancer continuum contact the CPN.</p> <p>902-867-4500 ext. 4707</p>
Western Zone		
South Shore Mental Health Program	Mental Health program for patients	<p>Referrals can be sent by any health care provider or the patient can be provided the phone number to contact directly.</p> <p>(902) 543-4604 ext. 2449</p>
The Rose Fund	<p>Only for Lunenburg/Queens County patients with family income <\$40,000 receiving treatment within 12 months or palliative, assists with variety of expense concerns (travel, medication, living, equipment)</p>	<p>Patients have to be referred to South Shore CPN to access funds.</p> <p>CPN #: 902-527-5850</p>
Finney Fund	<p>Chester Municipality and Tancook Islands residents only and is to access financial assistance for uninsured medical expenses (ie transportation costs, medical</p>	<p>Accessed through South Shore CPN.</p> <p>CPN #: 902-527-5850</p>

	equipment, medication, etc).	
Private Councillors and Therapists in Lunenburg and Queens Counties		List can be accessed through South Shore CPN. CPN #: 902-527-5850
Digby Cancer Drug Fund	Provides limited gas cards, amount varies depending on their available funds, residents of Digby town or Municipality.	Accessed through Yarmouth CPN. CPN #: 902-749-1523
Jacky Comeau and Friends Cancer Help fund	Provides limited gas cards, amount varies depending on their available funds, residents of Clare Municipality.	Contact Helen Comeau at (902) 769-8417
Gilles Boudreau Cancer Help fund	Provides \$100.00 per return trip to Halifax, 50.00 per return trip to Kentville for cancer pts from Yarmouth town or county...unlimited number of times pts can access this fund	Accessed through Yarmouth CPN. CPN #: 902-749-1523
Rosalin Nickerson Cancer Fund	Provides 2000.00 to pts living in the Municipality of Barrington, Shelburne county.	Contact Shelly d'Eon at (902) 635-1624
Roseway Hospital foundation	Provides \$500.00 to pts living in the Municipality of Shelburne with financial need related to travel for cancer appointments	Accessed through Yarmouth CPN. CPN #: 902-749-1523
Yarmouth Regional Hospital Foundation Cancer Fund	Provides cancer patients with financial assistance with medication costs up to 250.00 per pt. This fund is available for patients who reside in Yarmouth, Shelburne and Digby counties	Requires medication receipts and is only used for the medications needed related to the cancer diagnosis. Require referral from the Yarmouth CPN. CPN #: 902-749-1523