nova scotia health authority

Geriatric Day Hospital

REFERRAL FORM

Phone: (902) 473-2493 Fax: (902) 473-7336

Please print clearly and complete all sections.
❑ Falls Referral ❑ Regular Referral ❑ Letter Attached

Name: _____

Address: _____

Phone #: _____ Date of Birth (YYYY-MM-DD): _____

Health Card #: _____ Expiry: _____

Referral Source: _____ Phone #: _____Fax #: _____

Family Physician: _____ Phone #: _____Fax #: _____

Contact for Initial Appt: _____

Home Phone #: _____ Cell / Work #: _____

Specific Reason for referral / description of falls:

_____

_____

_____

_____

_____

Medical Problems	Associated Medications

Current Functional Information				
Mental Status	❑ Normal	❑ Impaired	MMSE	/ 30
Emotional	❑ Normal	❑ Depression	❑ Anxiety	❑ Other
Communication	❑ Normal	❑ Impaired		
Mobility	**Transfers**	❑ Independent	❑ Assisted	❑ Unable
	Walking	❑ Independent	❑ Assisted	❑ Unable
	❑ Aids _____			
Balance	❑ Normal	❑ Impaired	❑ Falls # _____	
Bowel / Bladder	❑ Continent	❑ Incontinent		
Nutrition	Weight _____ lbs	❑ Stable	❑ Loss	❑ Gain
Activities of Daily Living	❑ Independent	❑ Assisted	❑ Unable	
Social	❑ Lives alone	❑ Lives with other: _____		
Main Social Suppor	❑ Family	❑ HCNS/CCNS	❑ Other	

❑ **Patient's Family Physician has been contacted and is aware of AND agrees with referral to the Geriatric Day Hospital/Falls Clinic.** *In the interest of integrated patient care, the patient's Family Physician must be notified of this referral by phone or by faxing a copy of this referral form to the family physician. Thank you for your attention to this.*

Signature (Physician signature is required for MSI purpose) _____	
Name (Please Print) _____ *(If trainee, please provide attending MD name)*	
Date (YYYY-MM-DD): _____	Date Received (YYYY-MM-DD): _____

Who is Eligible to Attend Falls Clinic?

Persons who:

- are 65 years or older
- have had one or more falls

OR

- have had mobility or balance problems
- agree to be assessed by the Falls Clinic staff
- are able to take part in an exercise program

Please note - patient must be able to attend a 2 hour session twice weekly for 6-8 weeks