

Living with the Death of a Parent

A Free Grief Support Group (Closed Group) via Zoom

Many people find comfort in knowing they are not alone in their grief. These sessions provide the opportunity to come together in a supportive environment to explore the grief experience with others who are living with the death of a parent(s).

These groups are open to friends and family of those who have died in the care of Palliative Care Service and are over the age of 18.

Closed Groups - members commit to attending all sessions and register in advance so the facilitator can ensure the group is a good match for all.

Tuesdays, 6:00 to 7:30 p.m. via Zoom
Oct. 3, 10, 17, 24, 31, Nov. 7

This group will be facilitated by Jocelyne Tranquilla, Bereavement Coordinator, Nova Scotia Health Palliative Care Service (Central Zone)

***To register, please contact
Jocelyne at 902-473-1622 or
Jocelyne.Tranquilla@nshealth.ca***

