

2023

How to Take a Pinworm Sample

South Shore Regional Hospital

Collections that are not labelled correctly or do not have a requisition filled out will not be tested.

- You will get a bottle with a sticky paddle attached to the lid. **Do not use any other type of container.**
- Wash your hands **before and after** taking the collection.

Instructions

To get the best collection, take it right after you wake up in the morning **before you have washed your body or had a bowel movement (pooped).**


Note: You must bring your sample to an approved drop-off site within 3 hours of the lab opening.

To take the sample:

1. Wash your hands.
2. Write your **full name**, your **date of birth**, your **health card number**, and the **collection date and time** on both the **requisition and the container**.
3. Take the lid off the container. **Do not** touch the paddle with your hands.
4. Separate (move apart) your buttocks (bum cheeks). Press the sticky part of the paddle against your anus (bumhole).
5. Put the lid with the paddle back on the container. **Be careful not to touch the paddle**. Close the lid tightly.
6. Wash your hands well with soap and water.
7. Keep the container at room temperature. Take it to an approved drop-off site **within 3 hours of the lab opening** (see back cover for locations and hours).

- **If you have trouble taking a collection, call the primary health care provider (family doctor or nurse practitioner) listed on the requisition.**
- **Pinworm eggs can infect a person within hours of being laid, so it is very important to wash your hands before and after collecting a sample.**

Each requisition must have:

- › **Your full name and date of birth**
 - › **Your health card number**
 - › **Your primary health care provider's full name and address**
 - › **Date and time of pinworm collection**
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Take your sample to one of these drop-off sites no more than 3 hours after opening:

South Shore Regional Hospital

Main Floor

90 Glen Allan Drive

Bridgewater, NS B4V 2S6

Phone: 902-527-5261

Hours: Monday to Friday,

7 a.m. to 2 p.m.

Queen's General Hospital

1st Floor

175 School Street

Liverpool, NS BOJ 1K0

Phone: 902-354-3436

Hours (including Registration):

Monday to Friday, 8 to 11:30 a.m.

Closed for drop-offs from

8:30 to 9 a.m.

North Queen's Health Centre

9698 Highway 8

Caledonia, NS B0T 1B0

Phone: 902-682-2533

Hours (including Registration):

Wednesdays, 7:30 to 10:30 a.m.

Closed for drop-offs from

9:50 to 10:20 a.m.

Fishermen's Memorial Hospital

1st Floor Registration

14 High Street

Lunenburg, NS BOJ 2C0

Phone: 902-634-8801

Hours (including Registration):

Monday to Friday, 7:30 to 11 a.m.

Closed for drop-offs from

9 to 9:30 a.m.

Our Health Centre (OHC)

3769 Hwy 3

Chester, NS B0J 1J0

Phone: 902-275-2830

Hours (including Registration):

Mondays and Thursdays,

7:40 to 10:30 a.m.

Closed for drop-offs from

9:30 to 10 a.m.

*Nova Scotia Health promotes a smoke-free, vape-free,
and scent-free environment.*

Please do not use perfumed products. Thank you!

www.nshealth.ca

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South Shore Regional Hospital*

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The information in this pamphlet is to be updated every 3 years or as needed.

