

2019

Geriatric Ambulatory Care Clinic



www.nshealth.ca

The Geriatric Ambulatory Care/Memory Disability Clinic sees mostly seniors (65 and over) with health problems related to frailty or dementia. A request needs to be sent by your primary care provider, as consultations are on a referral basis only.

Location

The Clinic is on the 1st floor of the Veterans' Memorial Building (VMB), on the corner of Robie Street and Veterans' Memorial Lane (formerly part of Jubilee Road) next to the Abbie J. Lane Memorial Building and the Halifax Infirmary.

What to bring

Please bring your medications or a complete list of your medications. It is best to bring all your medications with you in their original packaging.


In order to assess you, we must almost always interview someone who knows you well. **Please bring a family member or close friend with you.**

What to expect

Visits usually last between 1-3 hours. Depending on the reason for your visit, you may see a registered nurse (RN) and a doctor (geriatrician or neurologist), or you may only see an RN and/or nurse practitioner. You may also see a medical resident, a pharmacist, or other learners, such as medical students or nurses.

You will be interviewed by Clinic staff, have your vital signs taken, and have a physical exam. We will ask to review your medications. We will also ask to interview someone who knows you well, most often the person you bring to the appointment with you.

At the end of your appointment, we will explain to you what we think the issues are and our recommendations for treatment, and recommend helpful community resources (if possible). Depending on the results of the assessment, we may refer you for tests or to see other specialists. We may also ask you to come for a followup appointment.



Questions?

If you have any questions about your appointment, please call the Clinic at 902-473-4822.

If you are a primary care provider and wish to make a referral, see the documents section here:

[www.cdha.nshealth.ca/
geriatric-medicine/documents](http://www.cdha.nshealth.ca/geriatric-medicine/documents)



What are your questions?
Please ask.
We are here to help you.

Looking for more health information?

Find this pamphlet and all our patient resources here:

<http://library.nshealth.ca/PatientGuides>

Contact your local public library for books, videos, magazines, and other resources. For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time:

Call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community:

Call 211 or visit <http://ns.211.ca>

*Nova Scotia Health Authority promotes a smoke-free, vape-free,
and scent-free environment.*

Please do not use perfumed products. Thank you!

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Prepared by: Geriatric Ambulatory Care Clinic

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The information in this pamphlet is to be updated every 3 years or as needed.