



Patient & Family Guide
2021

Veterans' Oral Health Program

Information for Veterans and
Their Families



www.nshealth.ca

Veterans' Oral Health Program

Proper daily mouth care is important to your oral health. Good oral health is part of a healthy life. Studies have shown that poor oral health is linked to stroke, heart disease, and infections. It can also cause discomfort, bad breath, and trouble chewing.

The Oral Health Program was developed to make sure that each veteran gets the best oral care. You will have an oral health assessment when you are first admitted to the Camp Hill Veterans' Memorial Building. After your first assessment, you will then have one each year. You will also have regular dental check-ups. You or your family will be asked to buy some supplies, such as toothpaste, a toothbrush, and denture cleaning tablets and a denture adhesive (such as Poly-Grip®), if needed.

We may also recommend a special toothbrush called the Collis Curve™ toothbrush. Please ask your nurse if you would like more information about this toothbrush.

This is the oral care that we would like to give you:

Supplies needed:

Good oral health = Good health!

Notes:

Looking for more health information?

- Find this pamphlet and all our patient resources here: <https://library.nshealth.ca/PatientEducation>
- Contact your local public library for books, videos, magazines, and other resources.
- For more information, go to <http://library.novascotia.ca>
- Connect with a registered nurse in Nova Scotia any time: call 811 or visit <https://811.novascotia.ca>
- Learn about other programs and services in your community: call 211 or visit <http://ns.211.ca>

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*Prepared by: Veterans' Services
Designed by: NSHA Library Services*

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The information is not intended to be and does not constitute health care or medical advice.
If you have any questions, please ask your health care provider.

WT85-1024 © March 2021 Nova Scotia Health Authority
The information in this pamphlet is to be updated every 3 years or as needed.

