

# Orthopedic Referral Guide Northern Zone

This guide was developed to provide referring providers a quick reference of the processes and contacts for various orthopedic referrals:

1. **Primary Hip and Knee Arthroplasty Referrals**
2. **Trauma/Fracture Consult Requests**
3. **All other Orthopedic Consult Requests**



## PRIMARY HIP AND KNEE ARTHROPLASTY REFERRALS

All primary hip / knee arthroplasty referrals are managed by *Orthopedic Assessment Clinics (OACs)*. Referrals must be submitted to the OAC using [Ocean eReferrals](#) (new referring process for primary care providers / surgeons) or the standardized provincial referral form and process.

Requests received outside of these processes will be returned.

Referral form/information available as follows:

- Via Ocean eReferrals
- EMR systems - Accuro, Practimax, Med Access and Nightingale On Demand.
- <http://www.nshealth.ca/files/oac-provincial-referral-fillable>

Aberdeen Hospital OAC Hip and Knee Clinic

Fax: 902-752-0765

Email: [OAC\\_Northern@nshealth.ca](mailto:OAC_Northern@nshealth.ca)

## TRAUMA / FRACTURE CONSULT REQUESTS

To request a trauma or fracture consult please:

- Contact the *Aberdeen Hospital Switchboard* to be connected with the orthopedic surgeon on call, then fax your consult request to the *Orthopedic Clinic*.

Aberdeen Hospital Switchboard Ph: 902-752-7600 ext. 0

Orthopedic Clinic Fax: 902-752-0764

**Trauma / Fracture referrals are now managed directly by the Orthopedic Clinic. Referrals faxed to Central Booking will need to be resubmitted.**

## ALL OTHER ORTHOPEDIC CONSULT REQUESTS

At this time, all other orthopedic consult requests (non-arthroplasty / non-trauma or fracture) must be submitted via [Ocean eReferrals](#) (new referral process for primary care providers / surgeons) or directly to an *orthopedic surgeon* for triage.

See more about Ocean on the next page.

*Ocean eReferrals users:* select the required service and submit referral to Central Intake to be directed to an appropriate provider, or select a provider from the directory.

*Other referrers (i.e., ED physicians):* view the next page for a list of orthopedic surgeons and their sub-specialties.

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## ORTHOPEDIC SUB-SPECIALTIES (excludes primary hip/knee arthroplasties)

All other orthopedic consult requests (non-arthroplasty / non-trauma) should be submitted via Ocean eReferrals, or, for those not yet on Ocean, faxed to an *orthopedic surgeon's office* for triage.

### ABOUT OCEAN:

Ocean eReferrals helps simplify referrals. It allows referrals to be sent to the NSH / IWK Surgical Central Intake or the Spine or OAC Central Intake (primary arthroplasties) to be directed to appropriate and timely options. Referrers can also continue to pick a service and preferred provider using the Ocean provider directory and patients can give their email to receive automatic notifications on their referral.

Learn more on the Nova Scotia eReferral Resource Hub: [www.referralsns.ca](http://www.referralsns.ca)

Surgeon:	Sub-specialties:	Contact information:
Dr. Todd Boudreau (not currently accepting elective referrals)	Ankle arthroplasty Carpal tunnel Trigger fingers	Fax: 902-755-0215 Ph: 902-752-7971
Dr. Tim El-Tahan	Meniscal/ACL repairs Carpal tunnel Rotator cuff repair/ decompression	Fax: 902-755-3883 Ph: 902-755-3884
Dr. Andrew Hayward	General orthopedic surgery (excluding spine related consults)	Fax: 902-752-4339 Ph: 902-752-4332
Dr. Daniel McNeil	Carpal tunnel Elbow Thumb CMC arthritis Trigger finger Shoulder Wrist	Fax: 902-752-6595 Ph: 902-752-6562
Dr. Vishnu Prasad	Carpal tunnel Trigger finger	Fax: 902-752-2423 Ph: 902-752-2415
Dr. Prem Sequeira (not currently accepting elective referrals)	General orthopedic surgery	Fax: 902-752-8140 Ph: 902-752-8110

**Back/spine related orthopedic consults must be referred outside the Northern Zone**