

Integrated Chronic Care Service

Resource Binder for Scent Free Products



Information to become Fragrance Free

- Companies can label a product **unscented** and still add a **masking parfum/fragrance** in the ingredients and those products are not accepted at ICCS. Please read the ingredients on any product labeled **unscented** and if there are **NO** added **perfume/fragrance** the product is acceptable to use.
- Products labeled **Fragrance Free** will not have any added perfume or fragrance in it.
- The products in this resource binder are subject to ingredient changes by the company at any time. Please read the ingredients to ensure you are buying a **unscented or fragrance free** product. It is the patients responsibility to ensure the product they are using is acceptable.
- This is **not** an all inclusive list of approved products. Please feel free to let us know of any products that work for you. This resource binder is updated yearly.

Last Updated: August 2018

Where to Find Products

The Health Food Section of Grocery Stores



Local Health Food Stores





Body and Hand Lotions







Deodorants







Sunscreens

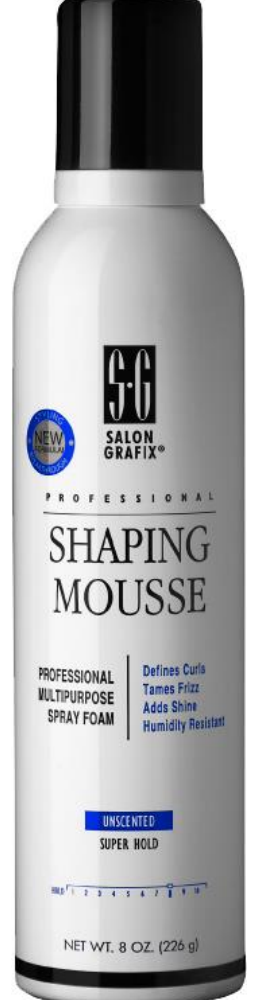




Shampoos and Conditioners

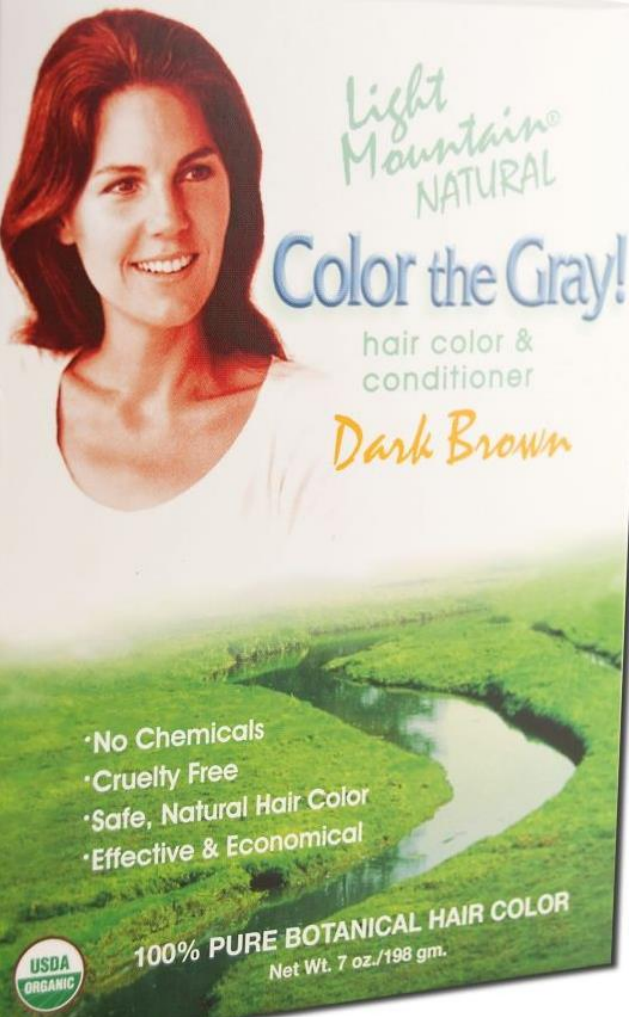






Hair Spray, Gel and Mousse





Hair Dye

- Do not use hair dye within 2 weeks of any visit to ICCS
- Wash your hair 4-5 times with fragrance free shampoo and conditioner after using hair dye in the two week period.
- If you are sensitive to fragrance, use fragrance free shampoo and conditioner instead of the products included in the package



Soaps



Dove



sensitive skin

unscented
hypo-allergenic beauty bar

$\frac{1}{4}$ moisturizing cream

3-NET WT 3.17 OZ (90g) BARS - TOTAL NET WT 9.51 OZ / 270g



The Soap Works: Pure Glycerin Bar





Body Wash





Clinique



La Roche-Posay



**Suncoat
Cosmetics**



Marcelle

Cosmetics



PÜR MINERALS
VEGAN PRODUCT LIST



Ecco Bella



Shaving Products





Laundry Detergents





The Soap Company of Nova Scotia: Choice Laundry Powder

 **Love-It** ♥ **« Aime-le »**

160 Loads / Brassées
5 lbs / 2.27 kg

Choice « **Choix** »
Laundry Powder Poudre à lessive
Cleaning with meaning! Nettoyant sensé!

Unscented
Non parfumé

HE Regular washer
Laveuse normale

Works GREAT in hard or soft water & any temperature!
Fonctionne bien dans l'eau douce, dure, froide ou chaude!
Measuring scoop included. Tasse à mesurer incluse.



Wool Dryer Balls Found at Canadian Tire



Dryer Products





Household Cleaning Products



Use Baking Soda and Vinegar to remove scents from clothes, furniture, carpets, mattresses, etc.



Miscellaneous

